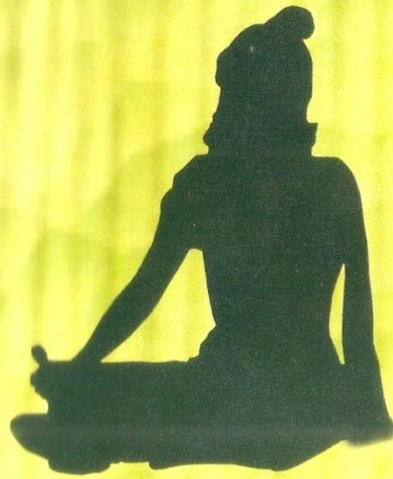


# MAHARSI CHARAKA



*Edited by*  
**Dr. Indulata Das**



**Central Council of Research in Ayurveda and Siddha**  
Janak Puri, New Delhi



**Academy of Yoga and Oriental Studies**  
Forest Part, Bhubaneswar, Odisha

# MAHARSI CHARAKA

*Edited by*  
**Dr. Indulata Das**

*Published jointly by*



**Central Council of Research  
in Ayurveda and Siddha**  
Janak Puri, New Delhi



**Academy of Yoga and Oriental Studies**

(Registration No. 22279/07 of 2006-07)

Forest Park, Bhubaneswar, Odisha

E-mail: ayos@rediffmail.com

Maharsi Charaka

*Edited by*

Dr. Indulata Das

*Published jointly by*

Central Council of Research  
in Ayurveda and Siddha  
Janak Puri, New Delhi  
&  
Academy of Yoga and Oriental Studies  
(Registration No. 22279/07 of 2006-07  
Forest Park, Bhubaneswar, Odisha  
E-mail: ayos@rediffmail.com

© Central Council of Research  
in Ayurveda and Siddha  
Janak Puri, New Delhi  
&  
© Academy of Yoga and Oriental Studies  
(Registration No. 22279/07 of 2006-07  
Forest Park, Bhubaneswar, Odisha

ISBN - 978-81-921704-0-4

First Edition- 2013

Price: Rs.400/-

## CONTENT

Sl.	Topic	Author	Page
1.	Charaka and Homeopathy	Satya Pal Narang	1-22
2.	Abhayamlakiya Rasayana of Charaka Samhita	Vinod Kumar Joshi	23-26
3.	Ayurveda and the Charakasamhita	Mahamedhanandanath Saraswati	27-42
4.	Theory of Dosa in Ayurveda (W.S.R. Charaka)	Brajakishore Swain	43-50
5.	Acharya Charaka	Sanjib Chandra Hota	51-55
6.	Concept of Ojas in Charaka Samhita	J. Nath	56-59
7.	Ayurveda and Yoga: Similarity and Scope as Positive Health Sciences with Special Reference to Charaka	B. N. Mishra	60-64
8.	The Concept of Longevity in Charaka Samhita	N.C. Dash	65-68
9.	An Approach to Charaka Samhita	S.P. Dixit	69-78
10.	The Concept of Immunity Vis a vis Vyadhikshamatva in Charaka Samhita	Shalini Rai	79-83
11.	Clinical Methods of Charakawith Special Reference to Vikriti Pariksha (Pathological Study)	B.S. Pal	84-90
12.	Solution of Miseries According to Charaka	Dharam Vir	91-94
13.	Concept of Krimi vis-à-vis	A C Kar	95-104

	Parasitology in Charaka Samhita		
14.	Additional use of Mimusops Elengi (Bakula) Bark for the Treatment of Dental Problems: A Novel Approach	M. Panda	105-112
15.	Charaka: The Legend Revisited	G. C. Nanda	113-118
16.	Trayopastambha	Ghanashyama Dora	119-123
17.	Evidence Based Herbs for the Treatment of Madhumeha with Special Reference to Charaka Samhita	L.D.Barik	124-139
18.	Scope of Medicine in Charaka Samhita	Raakhee Mehra	140-149
19.	Critical Appraisal of Panchakarma with Special Reference to Uttara Basti in Charaka Samhita	Sujata Paikaray	150-156
20.	Human Health and Sleep: an Assessment from Maharsi's Point of View	Indulata Das	157-168
21.	Therapeutic Analysis of Samsarjana Krama in Vamana and Virechana with Special Reference to Charaka Samhita	P. L. Sankhua	169-176
22.	Charaka's understanding of Roga-rogi Pariksha	P.S. Byadgi	177-198
23.	Charaka Samhita and its Age	Pratima Sarangi	199-207
24.	Charaka's Concept of Mind – with Special Reference to Stress Management	M.V. Acharya	208-218
25.	Influence of Charaka Samhita on Saundarananda	Trinath Hota	219-228
26.	सम्पूर्णस्वास्थ्यस्य रहस्यं सद्वृत्तसेवनम्	राधामाधवदाशः	229-240
27.	मोक्षतत्त्वं चरकगौतमयोः	कमलेश मिश्रः	241-245

28.	चरकसंहितायां दर्शनतत्त्वम्	सूर्यमणि रथः	246-253
29.	चारकीयमधुमेहव्यवस्था	गोविन्दचन्द्रकरः	254-271
30.	चरकसंहितायां व्यायामव्यवस्था	माधवचन्द्र पण्डा	272-274
31.	चरकसंहितायाः वेगप्रसङ्गः	प्रमोदचन्द्रमिश्रः	275-278
32.	चरकसंहितायामात्मवादस्वरूपम्	ललितकुमार साहुः	279-285
33.	चरके निदानस्थानम्	सीमाचल पण्डा	286-289

**AVAIL FROM**

Director  
Academy of Yoga and Oriental Studies  
111, Nirmala Plaza-B  
Forest Park, Bhubaneswar, Odisha  
PIN-751009